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**INDEPENDENT MEDIA DISTRIBUTION PLC (“IMD” or “the Company”)
ANNUAL GENERAL MEETING TRADING UPDATE**

(LSE: IMD) - At the Annual General Meeting held last night, the Chairman of IMD, David Haynes, updated shareholders as follows:

“It is pleasing to report that the ITV installation, so important for IMD’s future, is operating efficiently following the successful completion of trials. The Company’s distribution system for advertisements by digital links and the accompanying software integrating the delivery with the internal management systems of each broadcaster is steadily growing in acceptance for its efficiency, speed and quality over other methods used in the past.

The adoption of the technology by ITV, which is currently exclusive to IMD, has been instrumental in a number of key advertising agencies and post production houses converting to using the service, with the result that the majority of all the largest agencies and their post production houses are now customers.

Television revenue this year has been rising steadily but for the last two months the rate has increased by over 100% when compared with last year, directly reflecting the impetus generated from these developments.

At the time of the Preliminary Results in March, it was reported that radio sales for the first two months were lower than for the same period last year, reflecting the substantial downturn, which began in 2005 and continued into the first months of the current year. Since the beginning of March 2006 there has been a small recovery when compared with last year, although overall, sales are still below the 2005 level. It is too early to know whether the recent recovery is part of a trend as there are a number of short term factors that may be influencing the market.

Music continues to perform well, up 20% on last year, with television-related sales growing fastest.

Consolidating the above divisional figures, group sales, after a steady first quarter, have increased and year-on-year are up 10%.

Financial resources prior to the payment of the final dividend for 2005 are £800,000 which is a similar level to the position at the 2005 year end.”

All the resolutions proposed at the meeting were duly passed.

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